

# Behavioral Health Redesign Core Team Meeting

December 16th, 2015

### Agenda

Welcome, Introductions & Review Agenda – 5 minutes	Greg Moody
Communications – 10 minutes	Samuel Rossi and Melissa Craddock
<ul> <li>Specialized Recovery Services Program Update – 40 minutes</li> <li>SRSP Rules Overview</li> <li>Case Management: Recovery Manager/Independent Validation Entity</li> </ul>	Kimberly Donica
ODM and OhioMHAS Rules Under Review – 10 Minutes	James Tassie
Medicaid Enrollment of Independent Practitioners – 10 minutes	Mary Haller
<ul> <li>Evidence Based Practices Matrix – 20 minutes</li> <li>Service Codes and Rates – 20 minutes</li> <li>CPST</li> <li>Partial Hospitalization</li> </ul>	Douglas Day
Next Steps – 5 minutes	Greg Moody

## Ohio's Priorities for Behavioral Health (BH) Redesign

1915(I) PROGRAM FOR ADULTS WITH SPMI

REBUILDING

COMMUNITY

**BH SYSTEM** 

- Ensure continued access to care for ~4-6K adults with SPMI who meet \*financial and \*\*clinical / needs criteria and who are at risk of potential loss of eligibility for Medicaid
- Cover new services such as \*\*\*Recovery Management, IPS Supported Employment, Peer Recovery Support
- Recode Medicaid BH services to achieve alignment with national coding standards (AMA, HCPCS, Medicare, NCCI/MUE)
- Disaggregate certain existing services (Community Psychiatric Supportive Treatment, Case Management and Health Home services) and provide for lower acuity service coordination and support services
- Develop new services for people with high intensity needs under the Medicaid Rehabilitation Option: Assertive Community Treatment, Intensive Home Based Treatment, residential treatment for substance abuse
- Achieve cost neutrality in making these changes

#### MANAGED BEHAVIORAL HEALTH CARE

 Addition of BH services to Managed Care Plan contract, with specific requirements for MCPs to delegate components of care coordination to qualified Community Behavioral Health providers

#### PAYMENT INNOVATION

- Design and implement new health care delivery payment systems to reward the value of services, not volume
- Develop approach for introducing episode based payment for BH services

\*300% of SSI, includes \$20 personal needs disregard (\$2,219 in CY 2015); Clinical includes diagnostic (diagnostic (schizophrenia, bipolar or major depressive affective disorders-severe) and score on Adult Needs and Strengths Assessment) tool

\*\*Assertive Community Treatment, Intensive Home Based Treatment, residential treatment for substance abuse

\*\*\* RM&BPHC is now called Recovery Management and the SPA has been updated to reflect this change

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## Behavioral Health Redesign and Specialized Recovery Services Timeline

JULY 2016	JULY 2017	JULY 2018	2019 & 2020
New Services: • 1915(i): - Peer support - Supported employment - Case & recovery management • Assertive Community Treatment (for adults, includes peer support) • Youth & Family Evidence-Based Practices – focus on outcomes. • Other services – labs, etc.	Substance Use Disorder:         • Simplify coding         NCCI Continues:         • Provider Training and stakeholder education continues through 2017.         • Old codes no longer accepted.	Finalize CPST Changes:         • Targeted Case Management: Change Community Psychiatric Supportive Treatment Services into more appropriate services and targeted services to meet needs.         Intensive Behavioral Service:         • Includes ABA, CPT codes 96150-	Value – Based Purchasing:         • Residential services for Substance Use Disorder.         Services for Children         • Examine & redesign residential services for children.         Specialized Services in
National Correct Coding Initiative [NCCI]:		96155 Telemedicine:	Nursing Homes
<ul> <li>Training begins &amp; new codes accepted. One year to submit old codes.</li> </ul>	JAN	<ul> <li>Implement Q codes with episodes of care.</li> </ul>	Evaluate Waiver Options
<ul> <li>Evaluation &amp; Management codes</li> <li>Alignment: CPT &amp; HCPCS codes to align with American Medical Association standards.</li> <li>MCP concerns: all coding concerns addressed.</li> <li>Inclusion of unlicensed practitioners must bill w/ HCPS codes</li> </ul>	2018 Payment Innovation BH Services now cove	ered by Managed Care	Implement Waivers (TBD)
Maximize TPL Medicare cost avoidance – Medicaid is naver of last			

#### OUTCOMES & VISION:

- » All Providers: Follow NCCI & practice at the top of their scope of practice
- » Integration of Behavioral Health & Physical Health services
- » High intensity services available for those most in need
- » Services & supports available for all Ohioans with needs: Services are sustainable within budgeted resources
- » Implementation of value-based payment methodology
- » Coordination of benefits across payers

#### Medicare certification for providers of dual eligibles, including licensed practitioners.

Coordination of Benefits:

resort.

across systems.

Discontinuing Health Home Payment Methodology

Require Identification of Rendering Provider: • Rendering Provider identification required on all claims.

· Alignment of fee schedules: services billed & paid for consistently

· Rendering providers must be associated with one or more agencies

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# Topic: Communications



## Behavioral Health Redesign and Specialized Recovery Services Newsletter

A monthly Behavioral Health Redesign and Specialized Recovery Services (SRS) newsletter will be circulated to stakeholders to highlight changes and provide detailed information on how consumers and providers will be impacted.



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## Behavioral Health Redesign and Specialized Recovery Services Website Update





# **Please Share With Your Networks!**

- Please direct your networks to the Behavioral Health Redesign and Specialized Recovery Services website once launched in early 2016
- Please encourage your membership to sign up for the monthly Behavioral Health Redesign and Specialized Recovery Services Newsletter, coming in early 2016

For *questions* or *suggestions* regarding the BH Website or the BH Newsletters, please email Samuel Rossi at <u>Samuel.Rossi@medicaid.ohio.gov</u> or Melissa Craddock at <u>Melissa.Craddock@mha.ohio.gov</u>



# Topic: Specialized Recovery Services Program (1915i) Rules Updates

### **Summary of SRSP Rules Updated**

5160-43-01	5160-43-02	5160-43-03	5160-43-04
Specialized Recovery Services Program Definitions	Specialized Recovery Services Program Individual Eligibility and Program Enrollment	Specialized Recovery Services Program Individual Rights and Responsibilities	Specialized Recovery Services Program Definitions of Covered Services and Provider Requirements
5160-43-05	5160-43-06	5160-43-07	5160-43-08
Specialized Recovery Services Program Provider Conditions of Participation	Specialized Recovery Services Program Compliance: Provider Monitoring, Oversight, Structural Reviews and Investigations.	Specialized Recovery Services Program Compliance: Provider Monitoring, Oversight, Structural Reviews and Investigations	Specialized Recovery Services Program Billing Procedures and Payment Rates for Recovery Management

The above rules have been updated to reflect the changes that the SRSP will bring starting July 2016. The full draft rules will be distributed after the meeting for feedback, please send any comments to Megan McClaskie at <u>Megan.McClaskie@Medicaid.ohio.gov</u>.

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# Topic: Specialized Recovery Services Program – Recovery Manager and IVE Overview

### **Recovery Manager Overview**

#### Why have a Recovery Manager?



- Facilitates the initial eligibility determination and streamlines overall enrollment process
- Supports the Person-centered planning process

#### What is a \*Recovery Manager?



- Works with the individual to perform care coordination
- Works with individual to develop the person centered plan of care and documents individuals desires, needs, and goals.
- Performs the ANSA to assess the needs and strengths of the individual

#### What are the Qualifications to be a Recovery Manager?



Bachelor's degree in social work, counseling, psychology, or similar field



Minimum of 3 years post degree experience working with individuals with serious mental illness (SMI)



Trained in administering ANSA



Trained in evaluating HCBS living arrangements



Trained in person centered planning



Trained in incident reporting and Meet state conflict of interest standards

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### **Recovery Manager and IVE Interaction**



The above visual explains the interaction between the Recovery Manger and the IVE to enroll an individual into the Specialized Recovery Services Program



## Specialized Recovery Services Program- Ohio Home Care Case Management

Cincinnati Region – Available Recovery Management Council on Aging (855) 372-6176 CareStar

(800) 616-3718





Cleveland Region – Available Recovery Management: CareSource (877) 209-3154 CareStar (800) 616-3718

Marietta Region – Available Recovery Management:

CareSource (855) 288-0003 CareStar (800) 616-3718



# Topic: BH Redesign Rules Under Review

### **ODM and OhioMHAS Rules Under Review**



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### **Incorporating Feedback from Stakeholders**

The process below explains how the state will continue to accept feedback from stakeholders and adjust rules based on that feedback until the filing has occurred.

#### INITIAL INFORMAL FEEDBACK Draft rules presented to

Draft rules presented to stakeholders in various meetings

- Leads to:
  - Higher initial quality and streamlined feedback process
  - Clarity and transparency in complete rules process

#### FORMAL PUBLIC COMMENT

Typical public comment period for rules for stakeholders to review and comment

#### Leads to:

- Increased quality and provider satisfaction
- Improved efficiency and appropriate utilization at client facilities



- Rules will be finalized and filed once stakeholder feedback has been incorporated
- Target date for original filing is April 2016



# Topic: Medicaid Enrollment of Independent Practitioners



# Requiring Independent Rendering Practitioner on Medicaid claims from Community SUD/MH agencies



- Adding independent rendering practitioner to claims from
   Community SUD/MH agencies allows Ohio Medicaid to insure
   better program integrity and proper payment by:
  - Having practitioners required to enroll with Ohio Medicaid be recorded in MITS on a claim by claim basis via Ohio Medicaid Identification Number and National Provider Identifier (NPI).
- This is new for Community SUD/MH agencies but has been required for other Ohio Medicaid providers since 2012.
- This initiative **DIFFERS FROM** the 1/1/2016 initiative to allow LISWs, LPCCs, LIMFTs to enroll directly with Ohio Medicaid as <u>independent practitioners</u>. LICDCs will be added 7/1/2016.
- Effective for claims with dates of service on and after 7/1/216.



## Requiring Independent Rendering Practitioner on Medicaid claims from Community SUD/MH agencies



- Beginning mid-February 2016, Community SUD/MH agencies must determine which of their employees are required to enroll with Ohio Medicaid. (See next slide)
- Employees who need an NPI must obtain an NPI from the National Plan and Provider Enumeration System.
  - <u>https://nppes.cms.hhs.gov/NPPES/Welcome.do</u>
- All practitioners with an NPI not already enrolled with Ohio Medicaid must enroll in the "rendering" category.
- By 7/1/2016, agencies must associate themselves with their employees requiring an NPI. They must also modify their Medicaid claims to populate the rendering provider field, when applicable.



## Behavioral Health Practitioner Types & Medicaid Enrollment Requirements

Medicaid Enrollment Required Therefore NPI also Required	No Medicaid Enrollment Required Therefore Modifier will represent practitioner
Physicians (MD/DO)	Licensed Social Workers
Psychiatrists	Licensed Marriage and Family Therapists
Advanced Practice Registered Nurses	Licensed Chemical Dependency Counselors (II and III)
Certified Nurse Practitioners	Licensed Professional Counselors
Clinical Nurse Specialists	Licensed School Psychologists
Physician Assistants	Registered Counselor Trainees
Licensed Psychologists	Social Work Assistants and Trainees
Licensed Independent Social Workers	Marriage and Family Therapist Trainees
Licensed Independent Chemical Dependency Counselors	Chemical Dependency Counselor Assistants
Licensed Professional Clinical Counselors	Registered Counselor Trainees
Licensed Independent Marriage and Family Therapists	Psychologist Assistants and Trainees
Registered Nurses	Certified Peer Specialists
Licensed Practical Nurses	Care Management Specialists and Qualified Mental Health Specialists



# Topic: MH MRO Services and Evidence Based Practices

## Mental Health MROs and Evidence Based Practices – Reference Matrix: Page 1

#### OHIO MEDICAID MENTAL HEALTH REHABILITATION OPTION SERVICES

	INTENSIVE INDIVIDUAL TREATMENT SERVICES (IITS)					
	General State Plan Services	State Designated Best Practice	National Evidence Based Practices (EBP)			
	Intensive Individual Treatment Services (IITS)	Intensive Home Based Treatment (IHBT)	Multi-Systemic Therapy (MST)	Functional Family Therapy (FFT)	Assertive Communi (ACT)/TMACT	ity Treatment
Definition	A goal-directed supports and solution-focused interventions intended to achieve identified goals or objectives as set forth in the individual's individualized treatment plan. IITS contacts may occur in community or residential locations where the person lives, works, attends school, and/or socializes.	mot is a mental nearth service designed to meet the needs of youth with serious emotional disturbances who are at risk of out-of-home placement or who are returning home from placement. The goal of IHBT is to provide the necessary mental health services and supports to enable youth to live in their homes in the least restrictive, most normative setting possible. IHBT services are provided in the home, school, and community where youth live and function. These services focus on the mental health issues that put the youth at risk, while promoting positive development and health family functioning.	systems that impact chronic and violent juvenile offenders.	A fammy-based prevention and intervention program for high-risk youth that addresses complex and multidimensional problems through clinical practice that is flexibly structured and culturally sensitive. The EBPs outlined a continue to be the for forward for BH Re	ocus moving	with severe mental at-risk of hiatric hospitalization, divism. am approach for nental illness who are lessness, psychiatric nstitutional recidivism
Age	All	Up to age 21	12–17 years of age	10–18 years of age	18 and older	
Website	N/A	IHBT	MST	FFT	ACT Tool Kit	

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# Mental Health MROs and Evidence Based Practices – Reference Matrix: Page 2

OHIO MEDICAID MENTAL HEALTH REHABILITATION OPTION SERVICES Page 2

	General State Plan Services	State Designated Best Practice		ITMENT SERVICES (IITS) National Evidence Based Prac	ctices (EBP)
	Intensive Individual Treatment Services (IITS)	Intensive Home Based Treatment (IHBT)	Multi-Systemic Therapy (MST)	Functional Family Therapy (FFT)	Assertive Community Treatment (ACT)/TMACT
ssociate will be a setti	Training Standards Five days (Continuing education) 12 Days (new Hire) e are specific costs ed with the EBPs that ddressed by the rate ing methodology		<ul> <li>National Training Standards:</li> <li>Annual initial cost per learn of \$12,000 plus \$6,020 travel expense: five days.</li> <li>Annual ongoing cost per team of \$31,000 + \$5,000 for required data collection.</li> <li>Annual certification and consultation cost per team of \$6,500.</li> </ul>	<ul> <li>National Training Standards:</li> <li>Phase L Site certification costs 050,000 plus travel costs of per person: 16.5 days therapist and 25.5 days supervisor.</li> <li>Phase II Site Certification costs \$18,000 plus travel cost: eight days supervisor.</li> <li>Phase 3 and Ongoing Site Certification \$7,000 plus travel, one day supervisor.</li> <li>If the provider needs to replace or add a new therapist: \$1,600 for a 2.5 day Clinical training, at wo day follow-up training, and a two hour conference call.</li> </ul>	National Training/ Fidelity Standards (2012): Training Cost : Initial: \$4,500 per team Ongoing: \$9,750 per team Fidelity Cost: All Years: \$4,000 per team Consultation Initial: \$6,300 per team Ongoing: \$3,150 per team
rocedure ode and odifier escriptor	H2017 - Psychosocial rehabilitation, per 15 minutes, (Ohio program requirement: face-to-face visit)	H2018 - Psychosocial rehabilitation, per diem, (Ohio program requirement: face-to-face visit)	H2033 – Multisystem therapy for juveniles, per 15 minutes;	H2017 Psychosocial rehabilitation services, per 15 minutes, HN = Bachelor's degree level.	H0040 – Assertive community treatmen program per diem AM = Physician, team member service.
	HN = Bachelor's degree level.	HN = Bachelor's degree level.	HN = Bachelor's degree level.	HO = Master's degree level	HN = Bachelor's degree level. HO = Master's degree level.

### **Evidence Based Practices – Reference Matrix: Page 3**

		INTENS	IVE INDIVIDUAL TRE	ATMENT SERVICES (IITS)	
	General State Plan Services	State Designated Best Practice	National Evidence Based Practices (EBP)		
	Intensive Individual Treatment Services (IITS)	Intensive Home Based Treatment (IHBT)	Multi-Systemic Therapy (MST)	Functional Family Therapy (FFT)	Assertive Community Treatment (ACT)/TMACT
	HQ = Group setting POS - 12 or 99 for home/community based rates	POS - 12 or 99 for home/community based rates	HO = Master's degree level	Functional Family Therapy	SA = Nurse practitioner/APRN. TD = Registered nurse (with specialized training) HM = Less than BA (for Peers)
amples of ocedure de and difier mbination	H2017 HN H2017 HO H2017 HN, HQ H2017 HO, HQ	H2018 HN H2018 HO	H2033 HN H2033 HO	H2017 HN, U2 H2017 HO, U2	H0040 AM H0040 HN H0040 HO H0040 SA H0040 TD H0040 HM

## **Evidence Based Practices for Children (Early Childhood)**

### To Be Discussed with Benefit and Service Design Workgroup

### Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- A treatment approach for children, adolescents and their caregivers focused on overcoming the impacts of trauma.
- Ages 3 to 18.
- Master's level therapist.
- <u>https://www.childwelfare.gov/pubs/trauma/</u>

### **Parent-Child Interaction Therapy (PCIT)**

- A treatment program for young children with conduct disorders that emphasizes improving the parent-child relationship.
- Ages 2 to 7.
- Often involves two therapists working with the parent and child at the same time.
- <u>http://www.pcit.org/</u>

### Considerations

#### CPST

 Activities provided under CPST and AoD Case Management, will be reviewed to identify coverage options.

#### Key Considerations

 The existing Substance Use Disorder TCM SPA may be updated to be a comprehensive Behavioral Health TCM SPA

#### **Partial Hospitalization**

 Identify activities being done under partial hospitalization that are not covered within the coding and rate matrix

#### **Key Considerations**

- Population type
- Third party payors

   Medicare
- Age
- Level of intensity



# Discussion: CPST/SUD Case Management And Partial Hospitalization



# *Topic: Next Steps*



### **Next Steps and Schedule**

- The ODM and OhioMHAS Survey of Medicaid BH Provider Staffing and Activity was released on Thursday December 10<sup>th</sup> to the Benefits and Service Design Work Group. The State will continue to analyze the data as surveys are received
- \*February 10<sup>th</sup>, 2016: Final Draft of the Comprehensive Code Set Released
  - Extended timeframe: 10am-2pm
- Continued bi-weekly Benefits and Service Design Work Group (Next Meeting: 1/13/2016 – Please provide feedback on the rates by December 31st)
- New Monthly Stakeholder Meetings:
  - ✓ All meetings 10:00am 12:00pm in C621:

Jan. 27, 2016	May 25, 2016
*Feb. 10 <sup>th</sup> , 2016	June 29, 2016
Mar. 30, 2016	July 27, 2016
Apr. 27, 2016	